

Health & Social Care – Year 11 Topic Areas

OCR Cambridge Nationals (Old Specification J811)



RO22 – Communication in a health, social care and early years environment (Coursework unit)

- Qualities - Sense of humour
- Winterbourne care home video to demonstrate poor levels of care
- Inappropriate use of language (patronising + threatening)
- Inappropriate use of language (racial + verbal abuse)
- Inappropriate body language (personal space + violence)
- Sexual Harassment and using the wrong tone across a range of settings
- Stereotypes (prejudice + discrimination)
- 1-1 speaking assessment planning; obesity / single parenting / memory loss (Dementia / Alzheimers)
- Script writing based on a chosen case study
- Group speaking assessment planning; obesity / single parenting / memory loss (Dementia / Alzheimers)
- Script writing based on a chosen case study

RO29 - Understanding the nutrients needed for good health (Coursework unit)

- The Eatwell Guide
- RNI + DRV
- Life stages
- Nutritional needs - Nutrients, Macronutrients
- Macro and Micronutrients
- The Eatwell plate and Government guidelines
- Factors - Dietary needs
- 7-day meal plan + meal choice
- Producing a meal for dietary needs
- Safe food handling
- Meal analysis and meeting the users needs
- Meeting the users needs + complete meal analysis
- Meal evaluation

RO21 - Essential values of care (Exam unit reteach)

- Individual Rights
- Abuse
- Choice
- Confidentiality
- Discrimination
- Consultation and rights overview
- Values of Care
- Maintaining rights
- Values of care in Early years
- Being a reflective practitioner
- Legislation
- Key aspects of legislation
- The impact of legislation
- Maintaining rights
- Values of care in Early years
- Exam topics to revisit; Personal Hygiene, Emergency Procedures, Moving and Handling and Security measures.